

# METACOGNITIVE MINDS



**A sustainable approach to developing metacognition in your school using the expertise and materials from a successful SSIF project.**

Using a coaching and mentoring approach, the Swaledale Alliance has worked with 10 local Primary schools over two years to develop metacognitive approaches with pupils. From that SSIF project has come the **“Metacognitive Minds”** programme enabling schools to grow their own Lead Teachers with the skills and expertise to implement sustainable development of metacognition.

The design of the programme draws on the EEF “Metacognition and Self-regulated learning; seven recommendations for teaching self-regulated learning & metacognition” and build on the strengths identified in the evaluation of the SSIF project by Leeds Beckett University who found that:

- *Pupils have become more confident learners .....*
- *Pupils are no longer afraid of making mistakes .....they see these as opportunities for learning rather than a sign of failure.*
- *Network meetings were particularly valued by the Lead Teachers. Lead Teachers valued the coaching style used ..... that it was ongoing over a set period rather than a one-day hit.*
- *Cluster observations benefited not only the Lead Teachers but other members of teaching staff at the participating schools’, including teaching assistants.*

**The programme is designed to support a small group of between 3 and 6 schools—to ensure a bespoke approach, sustainability and the benefits of cluster observation and peer support**

For more detailed discussion contact the Swaledale Alliance  
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### How does the programme work?

The initial programme runs for one term and will give a Lead Teacher from your school the skills to successfully develop a whole school approach to metacognition .

Your Lead Teacher will get:

- Bespoke support facilitated by an expert SLE in metacognition
- All necessary resources to support the programme
- Ongoing support through an existing network of Lead Teachers which schools access for free.

The training is designed to work across a group of at least three of schools to enable key elements of the programme- you can identify a group of schools within your cluster, federation or MAT. We can help you to find partners if needed.

### What will this look like in practice?

- ◆ 1 day introduction to the programme for your Lead Teacher and member of SLT
- ◆ 1 day in-school bespoke coaching and support for your Lead Teacher
- ◆ 1 day supported bespoke planning for the whole school implementation
- ◆ Supported cluster observations across the triad
- ◆ Support materials
- ◆ Ongoing development through a well established, facilitated, Lead Teacher network group

**£ 2400 for minimum for 3 schools (£800 per school)**

Additional schools - to a maximum of 6—can be added for £600 per school

**For more details contact the Swaledale Teaching School Alliance**

Leeds Beckett Evaluation

<https://www.leedsbeckett.ac.uk/-/media/files/schools/school-of-education/collective-issue-8-may-2019-final2.pdf?la=en>

EEF Metacognition and Self-regulated learning; seven recommendations for teaching self-regulated learning & metacognition.

<https://educationendowmentfoundation.org.uk/tools/guidance-reports/metacognition-and-self-regulated-learning>